

Effective Deprescribing: Individualizing Chronic Disease Management and Enhancing Patient Safety

PROGRAM GOAL

This course will define the importance of and strategies for deprescribing. The relationship between polypharmacy and deprescribing will be defined. The role of the healthcare team pertaining to deprescribing efforts and the importance of multidisciplinary collaboration will also be examined.

LEARNING OUTCOMES

At the close of this activity, participants will be able to:

- Identify the role of the healthcare team in effective deprescribing
- Apply strategies for deprescribing within the healthcare team environment
- Recognize the importance of deprescribing within healthcare team practice

TARGET AUDIENCE

- Nurses
- Case Managers
- Pharmacists
- Pharmacy Technicians
- Physicians

SPEAKER BIOGRAPHICAL INFORMATION

Lauren Takeda, PharmD, BCPS

Lauren Takeda, PharmD, BCPS, is a Clinical Pharmacist on the Medication Therapy Management Team and has worked for Centene since 2022. She received a doctorate of pharmacy from the University of the Pacific in Stockton, CA and completed an acute care PGY-1 residency at the University of Southern California in Los Angeles, CA. Lauren has maintained her board-certification in pharmacotherapy since 2016 and is also certified in medication therapy management. Most of her practice has been within the clinical inpatient setting with focuses in the intensive care unit and infectious diseases. Her experience in antibiotic stewardship, multidisciplinary rounding, and quality improvement initiatives has allowed her to continue to find ways to optimize medication safety with members through daily reviews, addressing drug therapy solutions with providers, and promoting continuing education within the pharmacy team and the company.

Mallory Thompson, PharmD

Mallory Thompson, PharmD, is a Clinical Pharmacy Supervisor on the Medication Therapy Management Team and has worked for Centene since 2019. She received a doctorate in pharmacy from the University of Illinois, Chicago. She is a Licensed Pharmacist in California, Oregon, Wisconsin, Illinois, Florida, and Ohio. She has also completed certificate programs in medication therapy management and public health. Mallory has worked in various settings, including retail, hospital, outpatient, and coumadin clinics. She has helped to develop several clinical programs focused on polypharmacy and adherence and continues to help build and manage clinical programs in the managed care setting.

REGISTRATION

This course is accessible through www.centeneinstitute.com. Once you have registered as a new user, navigate to the Activity Catalog. In the Activity Catalog, search for the course title and register by clicking on **ENROLL NOW**.

CERTIFICATE OF COMPLETION

The completion of a course evaluation available 30 days from the activity completion date will serve as the final step of completing the course. After successfully completing the survey, the certificate will be available for immediate download and printing. Go to **Learn** menu, click on **My Activities > Completed**.

PROVIDER CONTACT INFORMATION

To contact the Centene Institute for Advanced Health Education, please email Centene_Institute@centene.com.

CREDIT INFORMATION



In support of improving patient care, the Centene Institute for Advanced Health Education® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 1.00 ANCC contact hours.



The Centene Institute for Advanced Health Education® designates this knowledge-based activity for a maximum of 1.00 hour. Participants should only claim credit commensurate with the extent of their participation in the activity. Credit will be provided to CPE Monitor within 60 days after the activity completion.

Universal Activity Number UAN JA4008309-0000-24-005-H05-P/T



This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers.

The course is approved for 1.00 CE contact hour(s). Activity code: 100065725 Approval Number: 250004021
To claim these CEs, log into your CCMC Dashboard at www.ccmcertification.org.