

### Key Takeaways

As you reflect on your role in a healthcare team environment and the lessons of this accredited continuing education, use this worksheet to dive into key takeaways for continued learning.

1. Define caregiving and the role of caregivers
2. Identify and explain the relationship between caregiver trauma and care receiver trauma
3. Discuss the role of the healthcare team to support caregivers
4. Distinguish vicarious and secondary trauma and how it impacts caregivers
5. Choose one option for caregiver support that you will implement or research this month

### Reflection

What barrier(s) in my healthcare team environment currently exist on this topic?

How can I apply this information as a member of the healthcare team to improve quality of care or health outcomes?

### LEARN TOGETHER

OPTIONAL:

Add ways to share this with other members of the healthcare team through our [Idea Generator](#).



LEARNING FROM, WITH, AND ABOUT EACH OTHER

I will share the information learned from this course with my healthcare team by:

### CONTACT US / LEARN MORE



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