

## *Key Takeaways*

As you reflect on your role in a healthcare team environment and the lessons of this course, download this worksheet to use to dive into key takeaways for continued learning.

1. Define the relationship between polypharmacy and deprescribing
2. Discuss the importance of deprescribing
3. Evaluate strategies for deprescribing within two drug categories
4. Examine the role of the healthcare team pertaining to deprescribing efforts and multidisciplinary collaboration

## *Reflection*

What barrier(s) in my healthcare team environment currently exist on this topic?

How can I apply this information as a member of the healthcare team to improve quality of care or health outcomes?

### **LEARNING FROM, WITH, AND ABOUT EACH OTHER**

I will share the information learned from this course with my healthcare team by: