

Understanding TBI: Building a Foundation for Support and Recovery

PROGRAM GOAL

As a continuation of the PHCO Brain Injury Program, this course will explore Acquired Brain Injuries (ABIs), Disorders of Consciousness, Traumatic Brain Injury (TBI) types, neurological impacts, and recovery mechanisms such as neuroimaging, neuroprotection, and neuroplasticity.

LEARNING OUTCOMES

At the close of this activity, participants will be able to:

- Explain treatment options for various types of Acquired Brain Injuries and Disorders of Consciousness to the interdisciplinary care team.
- Develop and implement evidence-based rehabilitation plans that integrate physical, cognitive, emotional, and psychosocial care to improve functional outcomes and quality of life for individuals with brain injuries.
- Identify the psychosocial impact of TBI on families and caregivers
- Implement strategies to positively influence family-centered decision-making related to TBI care plans

TARGET AUDIENCE

- Nurses
- Case Managers
- Social Workers

SPEAKER BIOGRAPHICAL INFORMATION

Dana Quigley, RDN

Dana Quigley, RDN, is a Learning and Development professional with extensive experience supporting healthcare teams through education, coaching, and workforce development.

Dana holds a Bachelor of Science in Dietetics from Missouri State University in Springfield, Missouri. In her current role as a Senior Learning and Development Specialist within Centene's Population Health and Clinical Operations division, Dana facilitates a wide array of training initiatives for clinical and non-clinical staff across the organization. Her training portfolio includes Motivational Interviewing, Member Engagement Skills, Dementia Care Specialist training, Time Management, Coaching Skills Workshop, Digital Care Management, Disease Management and Nurse Advice Line onboarding. With a passion for empowering healthcare professionals, Dana strives to create meaningful learning experiences that translate into compassionate, effective care for Centene's diverse member population.

Shaneka Demer, MHA, BSN, RN, CTTS

Shaneka Demer, MHA, BSN, RN, CTTS, has been a nurse for 25 years. She is currently a Senior Learning and Development Specialist providing education to staff at Centene Corporation. Prior to her current role, she was a disease management health coach and team lead at Centene, specializing in cardiac conditions. She received a Bachelor of Science in Nursing degree from Southern University and A&M College in Baton Rouge, Louisiana. She received a Master of Health Administration degree from Louisiana State University-Shreveport. She is also a Certified Tobacco Treatment Specialist. Her past areas of experience include service in diverse medical fields including medical/surgical, cardiology, oncology, neurology, orthopedics, rehabilitation medicine, home health care, skilled nursing care, emergency medicine, and intensive care.

Judith Wanyoike, MHRM, MSN, RN

Judith Wanyoike, MHRM, MSN, RN, is a Senior Learning and Development Specialist within the Disease Management training team, which is part of the Population Health and Clinical Operations, Learning and Development department. In her current role, she facilitates a variety of training programs, including Health Coaching new hire orientation, cardiac clinical training, education on suicide, homicide, abuse, and neglect, Wellframe Digital Care Management instruction, Dementia Care Specialist Certification, and Nurse Advice Line onboarding. She is regarded as a subject matter expert in cardiac programs. Prior to this role, she was a cardiac registered nurse health coach, a cardiac clinical specialist, and a clinical educator at Centene. Her previous work experience includes roles in acute care settings, long-term care facilities, assisted living communities, specialized units focused on Alzheimer's care, and human resources. She holds a Bachelor of Arts degree from Kenyatta University, a Master of Human Resource Management from Keller Graduate School of Management, and a Master of Science in Nursing from Excelsior University. She is also a licensed registered nurse.

REGISTRATION

This course is accessible through www.centeneinstitute.com. Once you have registered as a new user, navigate to the Activity Catalog. In the Activity Catalog, search for the course title and register by clicking on **ENROLL NOW**.

AGENDA

15 min: *Introduction/Welcome*

25 min: *TBI recap (Types of TBI, Glasgow Coma Scale, Disorders of Consciousness)*

20 min: *Neurological Composition of Brain Injury*

40 min: *Consequences after a TBI*

30 min: *Group Activity (Identifying interventions via Games for TBI Rehabilitation)*

15 min: *Break*

15 min: *Rehabilitation Considerations*

15 min: *Family Considerations*

50 min: *Group Activity (Putting together the learning via in depth case study of 3 celebrities)*

15 min: *Closing/Questions/Resources*

CERTIFICATE OF COMPLETION

The completion of a course evaluation available 30 days from the activity completion date will serve as the final step of completing the course. After successfully completing the survey, the certificate will be available for immediate download and printing. Go to **Learn** menu, click on **My Activities > Completed**.

PROVIDER CONTACT INFORMATION

To contact the Centene Institute for Advanced Health Education, please email Centene_Institute@centene.com.

CREDIT INFORMATION



In support of improving patient care, the Centene Institute for Advanced Health Education® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Centene Institute for Advanced Health Education® designates this Live Activity for a maximum of 3.50 ANCC contact hours.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 3.50 Interprofessional Continuing Education (IPCE) credits for learning and change.



ASWB approved continuing education

As a Jointly Accredited Organization, the Centene Institute for Advanced Health Education® is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 3.50 clinical continuing education credits.



This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 3.50 CE contact hour(s). Activity code: [S00063932](#) Approval Number: [250002227](#)

To claim these CEs, log into your CCMC Dashboard at www.ccmcertification.org.