

Sickle Cell Pain: Understanding Its Impact and Personalizing Care

PROGRAM GOAL

This activity reviews the pathophysiology and clinical presentation of pain in sickle cell disease and applies evidence-based strategies for acute and chronic pain management. Learners will explore guideline-supported, patient-centered approaches and interprofessional care to improve outcomes across care settings.

LEARNING OUTCOMES

At the close of this activity, participants will be able to:

- Apply evidence-based, patient-centered strategies to guide pain management decisions for individuals with sickle cell disease
- Integrate interprofessional collaboration strategies to improve coordination of sickle cell pain management across care settings
- Apply guideline-informed decision-making to optimize safe, individualized treatment plans for acute and chronic pain

TARGET AUDIENCE

- Nurses
- Pharmacists
- Physicians
- Pharmacy Technicians
- Case Managers

REGISTRATION

This course is accessible through <https://lms.centenetraining.com>. Once you have registered as a new user, navigate to the Activity Catalog. In the Activity Catalog, search for the course title and register by clicking on **TAKE COURSE**.

AGENDA

0 min – 15 min: Pathophysiology of pain and impact on patients

15 min – 25 min: Acute vs chronic pain

25 min – 42 min: Pharmacologic and non-pharmacologic pain management strategies

42 min – 47 min: Clinical guideline review

SPEAKER INFORMATION

Yoonah P. Kim, Pharm D, is a Clinical Pharmacist specializing in Medication Therapy Management and patient-centered care. She is experienced in optimizing complex medication regimens, improving adherence, and helping patients navigate access and insurance barriers. Known for her clear, practical communication style, she translates clinical knowledge into actionable guidance for patients, caregivers, and healthcare teams. Yoonah is passionate about collaboration, community impact, and serving others through a values-driven approach to care.

CERTIFICATE OF COMPLETION

The completion of a post evaluation will serve as the final step of completing the course. After successfully completing the survey, the certificate will be available for immediate download and printing.

PROVIDER CONTACT INFORMATION

To contact the Centene Institute for Advanced Health Education, please email CenteneClinicalTraining@centene.com.

CREDIT INFORMATION



In support of improving patient care, the Centene Institute for Advanced Health Education® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 0.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 0.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 0.75 ANCC contact hours.



This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board-certified case managers. The course is approved for 0.75 CE contact hour(s). Activity code: I00067584 Approval Number: 260001668 To claim these CEs, log into your CCMC Dashboard at www.yourcommission.org.



The Centene Institute for Advanced Health Education® designates this knowledge-based activity for a maximum of 0.75 hour. Participants should only claim credit commensurate with the extent of their participation in the activity. Credit will be provided to CPE Monitor within 60 days after the activity completion.

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