

Key Takeaways

As you reflect on your role in a healthcare team environment and the lessons of this course, download this worksheet to use to dive into key takeaways for continued learning.

1. Define trauma

2. Differentiate between different types of trauma

3. Identify trauma-related impacts on functioning and adjust communication or care approaches accordingly

4. Demonstrate how to apply at least two evidence-based strategies to support individuals affected by trauma in a caregiving or clinical context

5. Describe at least two professional benefits of using a trauma-informed approach

Reflection

What barrier(s) in my healthcare team environment currently exist on this topic?

How can I apply this information as a member of the healthcare team to improve quality of care or health outcomes?

LEARNING FROM, WITH, AND ABOUT EACH OTHER

I will share the information learned from this course with my healthcare team by: